

## Activities & Events

We ensure there are daily activities available to all residents both in and out of the Home. Trips include going to the Rotary Club every month, visits to see the Christmas lights and to the beach - weather permitting! We host events throughout the year which family and friends of the Home are warmly welcomed.

Previous events have ranged from barbeques to fundraising events for local charities. As an integral part of the community, our residents are regular frequenters of local shops and cafes.

Our residents are encouraged to suggest other events and activities they would like to do as we are here to fulfil their needs and wishes.

Visiting pets are welcomed.



Regional Winner | 2014

Regional Finalists  
2014, 2013, 2012,  
2011

National Finalists | 2013



Mayor's Best Business  
Award Nominee  
2013



INVESTORS  
IN PEOPLE



## Cambridge Nursing Home

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**CAMBRIDGE**  
NURSING HOME  
WANSTEAD





## About us

We are an independent, award-winning, family-run care home with nursing. We provide a home for individuals looking to stay with us for respite or for long-term care. Our priority is the welfare of all our residents; looking after their physical as well as emotional and socio-cultural needs.

We understand that moving can be extremely difficult. We are here to support you all through the process and make sure that you or your loved one, receives high-quality 24/7 nursing care and attention.

## Why we care

Since 1987 we have been managing care homes in and around London and the South-East England. The quality of care we deliver is down to our fantastic team with many having been with us for over 20 years demonstrating their passion for supporting others and delivering person-centred care in our homely environment.

“The food is first class.  
[As someone who knows about food],  
I can tell you it is first class. I can  
choose what I want to eat.”

—Resident, CQC Inspection Report 2015

Great British Care Awards Winner  
Ancillary Care Worker | 2014

Monica Gayle, Chef  
Team member since 1987



## Who we care for

Our team are able to provide care for the following conditions;

- Dementia,
- Huntingdon's Disease,
- Mental Health conditions,
- Multiple Sclerosis and,
- Palliative Care.

And conditions requiring Percutaneous Endoscopic Gastrostomy feed and a Nasogastric tube.

## How we care

Our personalised facilities to support each individual's needs include;

- Purpose built bedrooms with electric profile beds,
- Wet rooms,
- Standing and full body hoists and,
- Telecare in all bedrooms and bathrooms to ensure all residents have access to 24/7 support

We are a community and everyone is made to feel at home. Socialising is encouraged in a range of different communal areas including;

- 4 lounges,
- Landscaped gardens,
- Computer & reading room and,
- Hair salon [personal hairdressers are welcome].

We have an in-house City & Guilds accredited training centre to deliver on-going qualifications and training for our staff.